

# 2013 Legends Cross Country Meet

Saturday, October 5th, 2013  
Trumbull County Fairgrounds, Bazetta, Ohio  
Presented By: Maplewood High School

The goals of The Legends Meet are to:

- offer the athletes a fast, accurate course with great competition and awards
- honor the legends of the sport who will be presenting awards to the athletes
- provide athletes and coaches a link to Ohio's great history in cross country by meeting The Legends of our sport

## The 2013 Legends



**Bridget Franek** – A 2006 graduate of Crestwood High School in Mantua, Franek won four state titles (4x800, 800, 1,600, 3,200) at the 2006 OHSAA State Track and Field Championships and currently holds three Division II state records: in the 800 (2:11.22), the 1600 (4:50.10), and the 3200 (10:16.50). She also won state titles in 2004 and 2005 in XC and the 1600m title in 2005.

Collegiately, Bridget competed at Penn State where she was a 10-time NCAA All-American. Franek capped off a star-studded four years at Penn State with a NCAA Division I title in the 3,000-meter steeplechase at Oregon's Hayward Field in June of 2010. While running for the Nittany Lions, Franek set six Penn State school records: in the 3,000 steeplechase, the mile, the indoor 1,600, the indoor 3,000, the 4x1500 and the DMR. In 2007, she was named the Big Ten Freshman of the Year and she won the 3,000 steeplechase at the prestigious Penn Relays. In the spring of 2009, Franek finished third at the USA Track and Field Championships and earned a spot to run at the IAAF

World Championships in Berlin.

In 2010 Bridget moved west to Eugene to join Oregon Track Club. Bridget raced internationally for OTC from 2010-2012 in Stockholm, Paris, South Korea, Rome and Nice France preparing for a run at the 2012 Olympic Games. Bridget finished 2<sup>nd</sup> in the Olympic Trials Steeplechase to qualify for the US Olympic Team. She advanced to the Olympic Steeplechase Finals where she finished 14<sup>th</sup> place. Bridget has personal best times of: 800m-2:11.6, 1600m-4:38.63, 3K Steeplechase-9:29.53 (6<sup>th</sup> all-time US list), 5000m-15:46.08. Bridget currently resides in Eugene and continues to compete for OTC.



**Bob Lunn** – A 1974 graduate of Fitch High School in Austintown, under the guidance of Coach Mike Garcia, Bob was an outstanding athlete specializing in distance races. His best times while in High School were 1:58 (880yds), 4:18 (mile), 9:07 (2 mile indoors) and 9:11 (2 mile outdoors). Bob was the Ohio State Champion his junior year in both State meets in Cross Country and the 2-mile in Track.

Bob attended college in the fall of 1974 at Mount Union College where he led the team to a Division III National Cross Country title with a personal 4<sup>th</sup> place (All American) finish. He then attended Bowling Green State University from spring of 1974 - 1979. While at BGSU his best times were 13:58 in the 5K, 4:05 in the mile and 8:54 in the 2 mile indoors. Bob was the 1979 MAC champion in both the 5k and 10K and the 1979 Central Collegiate 5K champion. He anchored the

Distance Medley Relay team at the 1979 National Indoor Track Championships, running the mile in 4:05 and achieving All American honors. He served as the Captain of the Bowling Green Cross Country team in 1979.

Post college he was a member of the Frank Shorter Racing team while living in Boulder Colorado. He was employed by Frank Shorter Sports from 1979 to 1982. During this time he ran 2:24 in the marathon. Bob was inducted into the Ohio Association of Track and Cross Country Coaches Hall of Fame in 2008 and the Austintown Fitch High School Hall of Fame "first class" in 2008.

Bob is a retiree of Microsoft where he worked for 10 years in various financial positions including General Manager of Financial Services and Operations Controller. Currently Bob and his wife Lynn reside in Palm Springs, California.

## Past Legends:

- 2007 - Ann Henderson and Mark Croghan
- 2008 - Patty Metzler Champney and Alan Scharsu
- 2009 - Rachel Sauder Kinsman and Scott Fry
- 2010 - Maggie Infeld and Ricky Pittman
- 2011 - Briana Shook, Bob Schul, Harrison Dillard and Bernice Holland
- 2012 – Marc Hunter, Harrison Dillard and Bernice Holland

The Legends will be present at The Legends Meet to meet runners and coaches, sign autographs and pass out awards.

Legends Meet information concerning awards, time schedule, fees and registration is found under the Legends tab on [gopherarun.com](http://gopherarun.com) . Teams are to enter The Legends Meet on Baums Page. Questions concerning the meet can be addressed by contacting Legends Meet Director, Ted Rupe at [ted.rupe@gmail.com](mailto:ted.rupe@gmail.com).

### Schedule of Events

Time	Event		
		11:20	HS Division II - High school Boy's Race - 5 kilo
8:00	Ohio Alumni State XC Championships Men and Women – 5K	11:50	HS Division II - High School Girl's Race - 5 kilo
9:00	Jr. High Boy's Race - 2 mile	12:30	HS Division I - High school Boy's Race - 5 kilo
9:30	Jr. High Girl's Race - 2 mile	1:00	HS Division I - High School Girl's Race - 5 kilo
10:00	HS Division III - High School Boy's Race - 5 kilo	1:40	Boy's Open Race - All Divisions - 5 kilo
10:30	HS Division III - High School Girl's Race - 5 kilo	2:10	Girl's Open Race - All Divisions - 5 kilo
11:00	Presentation of The 2011 Legends / National Anthem		

### **Schools that have competed in the Legends Meet include:**

Aliquippa Hopewell	Euclid	Liberty Center	South
Austintown-Fitch	Fairview	Lordstown	South Range
Avon	Garfield	Manchester	Southeast
Badger	Geneva	Maplewood	St. Ignatius
Beachwood	Gilmour Academy	Mass. Perry	St. Joseph Academy
Beaumont	Girard	McDonald	St. Thomas Aquinas
Benedictine	GlenOak	Mentor	St. Vincent-St. Mary
Berkshire	Green	Mineral Ridge	Streetsboro
Boardman	Hermitage Kennedy	Mt. Lebanon	Strongsville
Brecksville -Broadview Hts	Hilliard Darby	N D -Cath. Latin	Struthers
Brunswick	Hoban	New London	Tallmadge
Carroll	Hudson	Newbury	Trinity
Carrollton	Jefferson	Nordonia	Twinsburg
Chagrin Falls	John F. Kennedy	North	University School
Champion	Kenston	Perry	Warren Harding
Chardon	Kirtland	Pymatuning Valley	Waterloo
Cle. Heights	Lake Catholic	Rocky River	Western Res. Academy
Copley	Lakeside	Salem	Zanesville
Cvca	Lakeview	Sandy Valley	
Edgewood	Lakewood	Shaker Heights	
Edison	Laurel	Sharpsville	