

# 9<sup>th</sup> Annual Quinlan's St. Patty's 5K

**Saturday, March 15<sup>th</sup>, 2014 – Quinlan's Eatery and Pub**

**Dedicated to the memory of Mike Quinlan**

**Who devoted his life to helping the less fortunate**

**Proceeds benefit Children's Rehabilitation Center**

*This race has raised over \$50,000 all of which went directly to bring hope and joy to the lives of the children at The Children's Rehabilitation Center.*

- **Location** – Quinlan's Eatery and Pub – 5154 Youngstown Road – Niles, OH The race will kick off St. Patrick's Day weekend at Quinlan's
- **Date** - Saturday March 15<sup>th</sup> – 5K starts at 1:00 PM. Registration opens at 11:00 AM.
- **Course** – Start and finish on Route 422 in front of Quinlan's. The course goes east on 422 to a right on Park, left on East, right on Difford, left on Brentwood, right on Old Forge, left on Andrea, counter clockwise around the loop back to Brentwood and reverse course to finish. The race will be chip timed by Gopher Running.
- **Awards** – Cash awards presented to the top 3 overall male and female runners. 1<sup>st</sup> place - \$75, 2<sup>nd</sup> Place - \$50, 3<sup>rd</sup> Place - \$25. Age group awards given to the top 3 male and female finishers in these age groups: 14 and under, 15-19, 20-29, 30-39, 40-49, 50 and over.
- **Registration** – The entry fee is \$20 for pre-registration and \$25 on day of race. **Participants may register online at [www.gopherarun.com](http://www.gopherarun.com)** or by mailing the form in below. Day of race registration and packet pickup begins at 11:00 at Quinlan's Pub. The first 150 registrants will receive a T-shirt with their entry.

To register by mail or make a pledge to The Children's Rehabilitation Center, complete the following form and mail to: Gopher Running - 2533 Davis Peck Road – Cortland, OH 44410. Checks are to be made payable to: *Children's Rehabilitation Center Benefit Run*

**Name - \_\_\_\_\_ Age on Race Day - \_\_\_\_\_ Sex – M F**

**City - \_\_\_\_\_ State - \_\_\_\_\_ Adult Shirt Size – S M L XL**

I wish to pledge \$\_\_\_\_\_ to the Children's Rehabilitation Center included in my enclosed check.

In consideration of your accepting this, I hereby for myself, heirs, executors and administrators waive and release any and all rights and claims for damage I may have against Quinlan's Eatery and Pub, Gopher Running, The City of Niles, all Race Sponsors, Successors and assigns for any and all injuries suffered by me in the event. I further attest and certify I am physically fit and am sufficiently trained for competition in this event. **\*Parent or Guardian must sign for participants under 18 years of age.\***

**Signature - \_\_\_\_\_ Date - \_\_\_\_\_**