BACK FOR 2014 • IT'S FUN • RUN AS A TEAM

This year we have added the fun of running with friends, family and co-workers.

Information and instructions:

- 1. There is no limit to the number of runners on a team. Teams may consist of all ages and both genders.
- 2. Scoring for team results will be based on the first five-team members to cross the finish line for each team. Time will be based on gun start.
- 3. All team runners will also be eligible for individual awards based on gender and age brackets.
- 4. Teams must identify a captain. The captain will be responsible for filling out the info below AND include captain's contact information. Team members must submit their registrations separately but must include the TEAM name on their registration.
- 5. <u>Teams must pre-register by July 26 and mailed. NO team registrations will accepted</u> after July 26, 2014 or night of race.
- 6. Have fun: dress alike, paint your faces, wear hat's or just run to support one another.

Team Name:		
Captain:		
	Team Runners:	
Runner:	Runner:	
Runner:		
Runner:	Runner:	
Runner:	Runner:	
Runner:		
Runner:	Runner:	