

Friends of Melana 5K and 1 Mile Walk at Garretttsville SummerFest **REGISTRATION FORM**

Race # _____



Event Date _____

Name _____ Age _____ Gender M F

Street Address _____

City, State, Zip _____

Phone Number _____

Email _____

Circle Shirt Size: CS CM CL S M L XL XXL XXXL

Circle Event Participating In: 5K Run (\$25.00) 1 Mile Walk/Run (\$15.00)

Make Checks Payable to: Friends of Melana

RELEASE OF LIABILITY

1. I wish to participate in the Friends of Melana 5K Run or 1 Mile Run/Walk. I understand that my execution of this Waiver and Release is a prerequisite for participation in the event. I further understand that there are risks inherent in participating in the event.

2. I understand that in order to be allowed to participate in the event, I agree to assume all risks and to release and hold harmless the Friends of Melana Organization and its volunteers.

3. I understand that I am solely responsible for my health and safety, and I acknowledge that I am physically capable of participating in and completing this event.

4. I have carefully read this Waiver and Release and fully understand its contents. If I am under 18 years of age at the time of the registration, my parent or legal guardian has completely reviewed this Waiver and Release, understands and consents to its term, and authorizes my participation in his/her signature. I am aware that this is a RELEASE OF LIABILITY and a contract between me and the persons and entities mentioned above and I sign of my own free will.

Please provide signature on the appropriate space on this registration form.

Signature _____ Date _____

Signature of Parent _____ Date _____
(if under 18 years of age)