

**Release:** I know running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to safely completing the run. I assume all risks associated in running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release all those involved with the race, including sponsors, the United Way of Trumbull County, Gopher Running, and their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event.

## SIGNATURE (Parent if under 18)