

2020 Legends Cross Country Meet

Saturday, October 10th, 2020 at Trumbull County Fairgrounds - Cortland, Ohio

Presented By: Maplewood High School Running Rockets

The goals of The Legends Meet are to offer athletes a flat fast course with great awards and to expose these runners to the Legends of the sport of cross country from Ohio's rich history.

For more Legends Meet information visit – www.gopherarun.com/legendsmeet or www.baumspage.com

Past Legends:

2007 - Ann Henderson, Mark Croghan

2008 - Patty Metzler, Alan Scharsu

2009 - Rachel Sauder Kinsman, Scott Fry

2010 - Maggie Infeld, Ricky Pittman

2011 - Bob Schul, Harrison Dillard, Briana Shook, Bernice Holland

2012 - Marc Hunter, Harrison Dillard and Bernice Holland

2013 - Bridget Franek, Bob Lunn

2014 - Bob Mau, Julie Dias Taylor, Joanna Dias Ripple

2015 – John Zishka, Katie Sabino Dugan

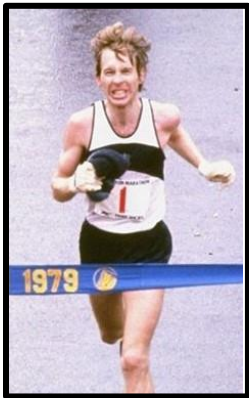
2016 – Dave Wottle, Kate Radkewich Burkowski

2017 - Clayton Murphy, Kate Radkewich Burkowski

2018 - Michelle Sikes, Sid Sink, Les Nagy, Sam Bair, Paul Talkington

2019 – Connie Jo Robinson Earls and the Caldwell XC Program

The 2020 Legends



Bill Rodgers - The letters B and R have appeared together in various places with numerous meanings over the years, from chemistry's Periodic Table to HTML code to real estate listings.

A little over 40 years ago, BR was the driving force in American long-distance running, reinforced by the letters' placement on all things connected to the world's foremost marathoner of the day, Bill Rodgers.

Born in Hartford, Connecticut, Bill was a state cross country champion in high school in 1965 and ran track and cross country in college. It wasn't until he returned to competitive running several years later with a new group called the Greater Boston Track Club that history soon would be made.

Bill won both the Boston Marathon and the New York City Marathon four times each between 1975 and 1980, twice breaking the American record at Boston with a time of 2:09:55 in 1975 and a 2:09:27 in 1979. In 1977, he won Japan's Fukuoka Marathon, making him the only runner ever to hold the championship of all three major marathons at the same time.

He also made the 1976 U.S. Olympic team and raced the marathon at the Montreal Olympics, finishing 40th. He did not participate in the Olympics in 1980 due to the U.S. boycott over the invasion of Afghanistan by the former Soviet Union. Right before he took the marathon world by storm, Bill returned to his running roots in cross country. In March 1975, he won the bronze medal at the World Cross Country Championships in Morocco, equaling Tracy Smith's 1966 bronze in the International Cross Country Championships as the highest an American had ever finished in international cross country competition. Based on his efforts in 1975, Bill finished second in voting for the Sullivan Award, which is given annually to the nation's top amateur athlete.

His most remarkable – and successful – year on the roads came in 1978 when he won 27 of the 30 races he entered, including the Pepsi 10,000-meter nationals (with a then world road 10K best), the Falmouth Road Race, and the Boston & New York marathons.

Bill is the former world record holder for 25,000 meters on the track and still holds the American track records for 15,000, 20,000, 25,000 and 30,000 meters and 1 hour. Track & Field News ranked him No. 1 in the world in the marathon in 1975, 1977 and 1979. Twenty-eight of the 59 marathons Bill ran were under 2:15. In all, he won 22 marathons in his career.

In 1998, Bill was inducted in the first class of the National Distance Running Hall of Fame in Utica, New York. He was inducted in 1999 to the National Track & Field Hall of Fame in Indianapolis.



Sunni Olding Lomnicki – In less than an hour of post-season racing on the East and West coasts, Sunni (Olding) Lomnicki secured a place in Ohio's distance running history book.

However, what the now chiropractor did in the Buckeye state over the remainder of her remarkable four-year career at Minster High School elevated her into the discussion of Ohio's all-time greats. Sunni amassed a total of 18 OHSAA individual, relay or team state championships while wearing a Wildcat uniform from the fall of 2000 through the spring of 2004. In winning the state Division III 1,600 meters four consecutive years, she also became just the ninth athlete in Ohio history to sweep an event all four years. Also on the track, Sunni won the 3,200 state title her junior and senior seasons, along with anchoring Minster's 4x800 relay to OHSAA gold en route to four consecutive team titles for the black and orange.

Sunni's success on the track continued after the OHSAA finales as she won two consecutive 2-mile titles at the then Adidas National Championships in North Carolina, with her 10:24.19 win in 2004 still the fastest 3,200/2M time ever in Ohio's Division III.

Sunni was just as outstanding in cross country, leading Minster to the Division III team title in her freshman and sophomore seasons. After having won by the narrowest of margins in her freshman and junior years, Sunni was dominant in her XC finale at Scioto Downs, besting the field by 49 seconds.

She continued her strong performances at the end of 2003, qualifying for the Foot Locker National Final in San Diego for the second consecutive year with a 3rd in the Midwest regional. In California, Sunni was 5th to become only the second Ohio girl to ever finish in the Foot Locker top 10 two or more times. Fellow Legend Kate Radkewich is the only other runner in that exclusive group with three in a row.

Sunni also was honored as the National Cross Country Runner of the year in 2003, was invited to train at the U.S. Olympic Training Center in Chula Vista, California, and was named by JJ Huddle as one of the top five athletes of the 2000s decades. At Notre Dame, Sunni was an All-American in her freshman and sophomore cross country seasons before injuries hampered her performances in her final two years. She returned to her hometown in western Ohio, joining her father's chiropractic practice along with her husband, Tyler. Sunni was inducted into the Ohio Association of Track and Cross Country Coaches Hall of Fame in 2017.

The 2020 Legends Cross Country Meet Information

Date and Location

Saturday, October 10th, 2020 - The Legends Meet will be held at the Trumbull County Fairgrounds (4181 Hoagland Blackstub Rd. Cortland, OH). The Fairgrounds offer an excellent facility for cross country meets. Ample parking, sheltered seating and restrooms are available to complement a fast, spectator-friendly course. Maplewood High School will be the host school for The Legends Meet.

Awards

The top four teams in the high school races and the top three teams in the middle school races will receive team picture plaque awards. The top seven members of the winning high school teams and the coach will receive individual awards. The top 25 individuals in all races will receive individual awards. Individual champions in each race will receive picture plaques. Team awards will be presented by The Legends on the stage in front of the grandstands one hour after the scheduled start time of each race. Individual awards are presented on the stage by The Legends immediately after the finish of each race.

Entry

Any school may enter the meet through Baum's Page beginning August 15th - baumspage.com

Fees

- \$85 HS Boys (unlimited entries; \$10 per individual if 8 runners or less)
- \$85 HS Girls (unlimited entries; \$10 per individual if 8 runners or less)
- \$60 MS Boys (unlimited entries; \$10 per individual if less than 6 runners)
- \$60 MS Girls (unlimited entries; \$10 per individual if less than 6 runners)
- A "B Team" can be entered in a varsity race for a \$25 fee

* Each coach submitting a full team into any one of the team races will receive a coach's gift.

* **IMPORTANT - PLEASE NOTE** - Entry fee checks **MUST** be made payable to: **Maplewood Running Rockets**
(Do NOT make checks payable to Maplewood HS) and be mailed to:

Legends Meet
Maplewood Running Rockets
312 Golf Drive
Cortland, OH 44410

Schedule of Events

- 9:00 JV Middle School Girls Race - 2 Mile
- 9:30 JV Middle School Boys Race - 2 Mile
- 10:00 Varsity Middle School Girls Race - 2 Mile (Limited to 9 runners per team)
- 10:30 Varsity Middle School Boys Race - 2 Mile (Limited to 9 runners per team)
- 11:00 *Small School High School Girls Race - 5K (Limited to 9 runners per team)
- 11:30 *Small School High School Boys Race - 5K (Limited to 9 runners per team)
- 12:00 National Anthem / Presentation of The 2018 Legends
- 12:15 Elementary Kids Grades 3 and Under - 1/2 Mile - Individual awards given to the top 10 boys and top 10 girls
- 12:20 Elementary Kids Grades 4 through 6 - 1 Mile - Individual awards given to the top 10 boys and top 10 girls
- 12:30 Open High School Girls Race - 5K
- 1:00 Open High School Boys Race - 5K
- 1:30 *Large School High School Girls Race - 5K (Limited to 9 runners per team)
- 2:00 *Large School High School Boys Race - 5K (Limited to 9 runners per team)

*Divisions - For varsity high school races, two divisions will be used; large and small based upon school enrollment figures. If a school has 220 or less students in grades 9-11 for the given sex, they are considered small school. Schools with 221 or more are large schools. The large school race will be the more competitive race but small schools may enter that division if they wish to compete in the more competitive race. Large schools may not choose to run the small school race, however.

- **Chip timing** will be used with a chip that is attached to the runner's shoe. There will be a bullpen area at the finish of the race where water will be available and chips will be collected. If coaches have runners that do not run or do not finish the race, they must turn in the chips for those athletes at the registration area. Schools will be charged \$15 for each missing chip.

-**Digital Clocks** will be available at the 1 and 2 mile marks for each race.

-**Results** will be available at baumspage.com

-**Concessions** and other vendors will be available beneath the grandstands.

-**Legends Meet T-shirts** will be sold at the registration area.

-**Restrooms** are available under the grandstands and in adjacent buildings.

-**Parking** - There will be a \$3 parking fee per non-team vehicle that will be charged in accordance with fairground policy.

-**Coaches** are asked to please cooperate in advance by:

- Submitting rosters online at baumspage.com by the 5:00 PM deadline on the Tuesday before the meet.

- Ensuring correct chips are securely placed on runners shoes... and all chips returned after race.