

2022 Legends Cross Country Meet

Saturday, October 8th, 2022 at Trumbull County Fairgrounds - Cortland, Ohio

Presented By: Maplewood High School Running Rockets – www.gopherarun.com/legendsmeet

The goal of the Legends Meet is to inspire young runners by meeting Legends of the sport of distance running.

Past Legends:

2007 - Ann Henderson, Mark Croghan

2008 - Patty Metzler, Alan Scharsu

2009 - Rachel Sauder Kinsman, Scott Fry

2010 - Maggie Infeld, Ricky Pittman

2011 - Bob Schul, Harrison Dillard, Briana Shook, Bernice Holland

2012 - Marc Hunter, Harrison Dillard and Bernice Holland

2013 - Bridget Franek, Bob Lunn

2014 - Bob Mau, Julie Dias Taylor, Joanna Dias Ripple

2015 – John Zishka, Katie Sabino Dugan

2016 – Dave Wottle, Kate Radkewich Burkowski

2017 - Clayton Murphy, Kate Radkewich Burkowski

2018 - Michelle Sikes, Sid Sink, Les Nagy, Sam Bair, Paul Talkington

2019 – Connie Jo Robinson Earls and the Caldwell XC Program

2020 – Meet Canceled due to Covid

2021 – Sunni Olding Lomnicki and Jack Hazen

The 2022 Legends



Bill Rodgers - The letters B and R have appeared together in various places with numerous meanings over the years, from chemistry's Periodic Table to HTML code to real estate listings.

A little over 40 years ago, BR was the driving force in American long-distance running, reinforced by the letters' placement on all things connected to the world's foremost marathoner of the day, Bill Rodgers.

Born in Hartford, Connecticut, Bill was a state cross country champion in high school in 1965 and ran track and cross country in college. It wasn't until he returned to competitive running several years later with a new group called the Greater Boston Track Club that history soon would be made.

Bill won both the Boston Marathon and the New York City Marathon four times each between 1975 and 1980, twice breaking the American record at Boston with a time of 2:09:55 in 1975 and a 2:09:27 in 1979. In 1977, he won Japan's Fukuoka Marathon, making him the only runner ever to hold the championship of all three major marathons at the same time.

He also made the 1976 U.S. Olympic team and raced the marathon at the Montreal Olympics, finishing 40th. He did not participate in the Olympics in 1980 due to the U.S. boycott over the invasion of Afghanistan by the former Soviet Union.

Right before he took the marathon world by storm, Bill returned to his running roots in cross country. In March 1975, he won the bronze medal at the World Cross Country Championships in Morocco, equaling Tracy Smith's 1966 bronze in the International Cross Country Championships as the highest an American had ever finished in international cross country competition. Based on his efforts in 1975, Bill finished second in voting for the Sullivan Award, which is given annually to the nation's top amateur athlete.

His most remarkable – and successful – year on the roads came in 1978 when he won 27 of the 30 races he entered, including the Pepsi 10,000-meter nationals (with a then world road 10K best), the Falmouth Road Race, and the Boston & New York marathons.

Bill is the former world record holder for 25,000 meters on the track and still holds the American track records for 15,000, 20,000, 25,000 and 30,000 meters and 1 hour. Track & Field News ranked him No. 1 in the world in the marathon in 1975, 1977 and 1979. Twenty-eight of the 59 marathons Bill ran were under 2:15. In all, he won 22 marathons in his career.

In 1998, Bill was inducted in the first class of the National Distance Running Hall of Fame in Utica, New York. He was inducted in 1999 to the National Track & Field Hall of Fame in Indianapolis.



Susan Nash Sugar - A member of the OHSAA's Circle of Champions, Susan Nash Sugar of Zanesville Rosecrans was one of the Buckeye state's most dominant track and cross country standouts of the early 1980s. Susan won gold in 11 individual or relay events at the state track meet, topping the Class A 400-meter dash field all four years and claiming the 800 title in her final three seasons. The former Bishop standout also was a state champion in the 100 dash as a junior and had legs on title-winning 4x400 (twice) and 4x800 (once) relays. At the conclusion of her track career, she owned the state meet records in the 400 and 800 and also was on the record-setting 4x400 and 4x800 relay teams. Susan also won two Class A individual titles in the team races in cross country and led Rosecrans to the 1983 championship, along with being a two-time All-Ohio selection in basketball. As a collegian, she

was an All-American at the University of Florida and ran on American and world record-setting relay teams for the Gators.

The 2022 Legends Cross Country Meet Information

Date and Location

Saturday, October 8th, 2022 - The Legends Meet will be held at the Trumbull County Fairgrounds (4181 Hoagland Blackstub Rd. Cortland, OH). The Fairgrounds offer an excellent facility for cross country meets. Ample parking, sheltered seating and restrooms are available to complement a fast, spectator-friendly course. Maplewood High School will be the host school for The Legends Meet.

Awards

The top four teams in the high school races and the top three teams in the middle school races will receive team picture plaque awards. The top seven members of the winning high school teams and the coach will receive individual awards. The top 25 individuals in team races and the top 10

in open races will receive individual awards. Individual champions in each race will receive picture plaques. Team awards will be presented by The Legends on the stage in front of the grandstands one hour after the scheduled start time of each race. Individual awards are presented on the stage by The Legends immediately after the finish of each race.

Entry

Any school may enter the meet through Baum's Page beginning August 1st - baumspage.com

Fees

- \$90 HS Boys (unlimited entries; \$10 per individual if 8 runners or less)
- \$90 HS Girls (unlimited entries; \$10 per individual if 8 runners or less)
- \$70 MS Boys (unlimited entries; \$10 per individual if less than 6 runners)
- \$70 MS Girls (unlimited entries; \$10 per individual if less than 6 runners)
- A "B Team" can be entered in a varsity race for a \$25 fee if enough starting boxes are available

* Each coach submitting a full team into any one of the team races will receive a coach's gift.

* **IMPORTANT - PLEASE NOTE** - Entry fee checks **MUST** be made payable to: **Maplewood Running Rockets (NOT Maplewood HS)** and be mailed to: **Legends Meet - c/o Maplewood Running Rockets - 312 Golf Drive - Cortland, OH 44410**

Schedule of Events

- 9:00 Open Middle School Girls Race - 2 Mile
- 9:30 Open Middle School Boys Race - 2 Mile
- 10:00 Middle School Girls Team Race - 2 Mile (Limited to 9 runners per team)
- 10:30 Middle School Boys Team Race - 2 Mile (Limited to 9 runners per team)
- 11:00 *Small Division High School Girls Team Race - 5K (Limited to 9 runners per team)
- 11:30 *Small Division High School Boys Team Race - 5K (Limited to 9 runners per team)
- 12:00 National Anthem / Presentation of The Legends
- 12:15 Elementary Kids Grades 3 and Under - 1/2 Mile - Individual awards given to the top 10 boys and top 10 girls
- 12:25 Elementary Kids Grades 4 through 6 - 1 Mile - Individual awards given to the top 10 boys and top 10 girls
- 12:40 *Large Division High School Girls Team Race - 5K (Limited to 9 runners per team)
- 1:15 *Large Division High School Boys Team Race - 5K (Limited to 9 runners per team)
- 1:45 Open High School Girls Race - 5K
- 2:15 Open High School Boys Race - 5K

***Divisions** - For varsity high school races, two divisions will be used; large and small based upon school enrollment figures. If a school has 220 or less students in grades 9-11 for the given sex, they are considered small school. Schools with 221 or more are large schools. The large school race will be the more competitive race but small schools may enter that division if they wish to compete in the more competitive race. Large schools may not choose to run the small school race, however.

- ✓ **Chip timing** will be used with a chip that is attached to the runner's shoe. There will be a bullpen area at the finish of the race where water will be available and chips will be collected. If coaches have runners that do not run or do not finish the race, they must turn in the chips for those athletes at the registration area. Schools will be charged \$10 for each missing chip.
- ✓ **Digital Clocks** will be available at the 1 and 2 mile marks for each race.
- ✓ **Results** will be available at baumspage.com
- ✓ **Concessions** and other vendors will be available beneath the grandstands.
- ✓ **Legends Meet T-shirts** will be sold at the registration area.
- ✓ **Restrooms** are available under the grandstands and in adjacent buildings.
- ✓ **Parking** - There will be a \$5 parking fee per non-team vehicle that will be charged in accordance with fairground policy.
- ✓ **Coaches** are asked to please cooperate in advance by:
 - Submitting rosters online at baumspage.com by the midnight deadline on the Sunday before the meet.
 - Ensuring correct chips are securely placed on runners shoes.
 - Returning all chips to the stage after the race.