

# 45<sup>th</sup> Avon Lake Earlybird Cross Country Invitational

## Lorain County Community College – September 2, 2023 – Beginning 8:00 AM

Entries must be submitted online via Ohio MileSplit (see below)

Entry Window Opens: 8:00 AM, Thursday, August 3

Entry Window Closes: 11:59 PM, Monday, August 28

**NO ADDITIONS AFTER THE WINDOW CLOSES**

Please note the following:

Rosters must be submitted through MileSplit before the entry deadline.

To register online:

See the following links for instructions:

<https://support.milesplit.com/en/a/how-do-i-claim-my-team>

<https://support.milesplit.com/en/t/team-management>

<https://support.milesplit.com/en/a/how-do-i-edit-my-teams-roster>

<https://support.milesplit.com/en/t/meet-registration>

<https://support.milesplit.com/en/a/how-do-i-enter-my-team-in-a-meet>

<https://support.milesplit.com/en/a/cannot-find-my-team>

With the OHSAA moving their online entry system for the district to Ohio MileSplit, we are doing the same. In order to use the MileSplit online entry system, your coach(es) will need to establish an account with MileSplit (at no cost), and follow the instructions in the following links to set up their roster and submit entries. **Coaches should establish accounts as soon as possible to avoid last minute issues.**

To find our meet to enter: <https://oh.milesplit.com/meets/564447>

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**Create your account early and submit a complete roster online before the entry deadline (8/28/23 @ 11:59 PM!)**

**Include everyone that could possibly compete!**

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**PLEASE ASSIST US WITH NO ADDITIONS or SUBSTITUTIONS ON RACE DAY!**