

45th AVON LAKE
EARLYBIRD CROSS COUNTRY INVITATIONAL
TEAM ENTRY FORM
Saturday, September 2, 2023

Dear Cross Country Coach,

You **need to confirm** your team(s) entry(ies) into the Avon Lake Earlybird Cross Country Invitational by way of this letter.

The Maroon Division races are the more competitive races. All Division I schools will automatically be entered into these races. Anyone's team wishing to "move up" into the Maroon Division may do so by checking the box below. Division I schools **may not** move down to the Gold Division.

Please fill in the appropriate information below or at least your best guess at this juncture, as to which race(s) your school will participate in (and the number of runners, if applicable) and **scan and email to Dale.Krzynowek@avonlakecityschools.org** or **fax to Avon Lake City Schools Athletic Department at 440.930.2798 no later than Thursday, August 24, 2023.**

Remember, you **MUST** have at least 5 athletes to compete in the team races

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|--------------------------|--|----------------------------------|------------|
| <input type="checkbox"/> | \$40 Middle School Boys Race | (total number of runners) _____ | 8:00 a.m. |
| <input type="checkbox"/> | \$40 Middle School Girls Race | (total number of runners) _____ | 8:30 a.m. |
| <input type="checkbox"/> | \$50 Varsity Boys Maroon Team Race | (Div. I: Div. II/III by request) | 9:00 a.m. |
| <input type="checkbox"/> | \$50 Varsity Girls Maroon Team Race | (Div. I: Div. II/III by request) | 9:30 a.m. |
| <input type="checkbox"/> | *\$____ Open Boys Race | (total number of runners) _____ | 10:00 a.m. |
| <input type="checkbox"/> | *\$____ Open Girls Race | (total number of runners) _____ | 10:30 a.m. |
| <input type="checkbox"/> | \$50 Varsity Boys Gold Team Race | (Div. II and III only) | 11:00 a.m. |
| <input type="checkbox"/> | \$50 Varsity Girls Gold Team Race | (Div. II and III only) | 11:30 a.m. |

<u>*Fee for Open Races:</u>	<u>1-4</u>	<u>Runners (No Team)</u>	<u>\$25</u>
	<u>5-9</u>	<u>Runners (Team)</u>	<u>\$45</u>
	<u>10-15</u>	<u>Runners</u>	<u>\$50</u>
	<u>16-24</u>	<u>Runners</u>	<u>\$60</u>
	<u>25+</u>	<u>Runners</u>	<u>\$75</u>

 School Name HS / MS *circle one*

 Coach(es) name(s)

RETURN BY 8/24/2023:

Please scan & email or fax this sheet back to the Avon Lake City Schools Athletic Dept.
 Attn: Dale Krzynowek, Athletic Director
Dale.Krzynowek@avonlakecityschools.org or 440.930.2798